

Mega Multi Vitamin (available in Berry flavor and Chocolate)



Supplement Facts

Servings per container: 30

Serving Size: 1 rounded scoop (21.2 g)

Amount per scoop:

Calories 40

Fat 0.5 g

Cholesterol 15 mg

Dietary Fiber 1 g

Sugars 2 g

Protein 6 g

Vitamin A (50% as beta carotene and as retinyl acetate) 7000 IU

Vitamin C (as ascorbic acid) 750 mg

Vitamin D3 (as cholecalciferol) 600 IU

Vitamin E (as d-alpha tocopheryl acetate) 100 IU

Thiamin (as thiamin HCl) (vitamin B1) 3.75 mg

Riboflavin (vitamin B2) 4.25 mg

Niacin (as niacinamide) 50 mg

Vitamin B6 (as pyridoxine HCl) 5 mg

Folic Acid 900 mcg

Vitamin B12 (as cyanocobalamin) 15 mcg

Biotin 750 mcg

Pantothenic Acid (as calcium D-pantothenate) 25 mg

Calcium (as calcium lactate) 500 mg

Iodine (as potassium iodide) 150 mcg

Magnesium (as magnesium glycinate) 200 mg

Zinc (as zinc sulfate) 15 mg

Selenium (as L-selenomethionine) 200 mcg

Copper (as copper gluconate) 500 mcg

Manganese (as manganese citrate) 4 mg

Chromium (as chromium picolinate) 200 mcg

Molybdenum (as sodium molybdate) 250 mcg

Sodium 25 mg

Potassium 50 mg

(from whey protein, guar gum, potassium citrate and potassium iodide)

Whey Protein 7 g

Malic acid 900 mg

Betaine 750 mg

Inositol 750 mg

Inulin (from chicory root) 750 mg

Hesperidin 50% (from citrus fruits) 500 mg

Taurine 500 mg

Glycine 390 mg

L-Tyrosine 377 mg

N-Acetylcysteine (NAC) 250 mg

L-Serine 240 mg

Stevia (Stevia rebaudiana) Leaf Extract 15:1 70 mg

Sweet Cherry (Prunus avium) Fruit Extract 10:1 50 mg

Cranberry (Vaccinium macrocarpon) Fruit Extract 12:1 25 mg

Bilberry (Vaccinium myrtillus) Fruit Extract 4:1 10 mg

Boron (as sodium borate) 2 mg

Lutein (from Calendula officinalis) 1.5 mg

Zeaxanthin (from Calendula officinalis) 75 mcg

Other Ingredients:

Natural flavors, guar gum, vegetable juice color, and soybean oil.

Recommendations:

Each morning mix one rounded scoop with 12 oz. of water, your favorite beverage, smoothie or yogurt. Drink within 30 minutes of preparation.

Contains soybean oil.

Contains no yeast, wheat, gluten, corn, artificial coloring, artificial flavoring or preservatives. This product contains natural ingredients; color variations are normal.

Power-packed with vitamins, minerals, and natural flavors for daily nutritional support.*

Mega MultiVitamin Drink Mix was designed for the person who needs a complete multivitamin in a delicious, versatile drink mix. Mega MultiVitamin Drink Mix features a comprehensive combination of 13 vitamins and 10 minerals to provide daily nutritional support.*

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