



# Ultra Protein Plus

## Natural Vanilla Bean Flavor Protein Supplement

A Dietary Supplement



**Douglas Laboratories®**

**948 grams**

### Supplement Facts

Each Serving Contains 1 heaping scoop (31.6 grams)  
Servings Per Container 30

Amount Per Serving	%DV
Calories .....	92
Total Carbohydrates .....	7.6 g 2%
Soluble Fiber .....	1 g *
Sugars (as Fructose) .....	5 g *
Protein .....	18 g 36%
<b>Each Serving also provides approximately:</b>	
Vitamin A Palmitate/Beta-Carotene Complex .....	6,105 I.U. 122%
Vitamin C (Ascorbic Acid, Corn Free) .....	260 mg 433%
Vitamin D-3 .....	25 I.U. 6%
Vitamin E (as d-alpha tocopheryl) .....	100 I.U. 333%
Vitamin B-1 (Thiamine HCl) .....	24 mg 1,600%
Vitamin B-2 (Riboflavin) .....	12 mg 706%
Niacin/Niacinamide .....	43 mg 215%
Vitamin B-6 .....	24 mg 1200%
(Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	
Folic Acid .....	200 mcg 50%
Vitamin B-12 (on Ion Exchange Resin) .....	25 mcg 417%
Biotin .....	75 mcg 25%
Pantothenic Acid (d-Calcium Pantothenate) .....	125 mg 1,250%
Calcium (Citrate/Ascorbate Complex) .....	112 mg 11%
Iodine (Kelp) .....	45 mcg 30%
Magnesium (Aspartate/Ascorbate Complex) .....	115 mg 29%
Zinc (Amino Acid Chelate) .....	5 mg 33%
Selenium (Krebs†) .....	45 mcg 64%
Manganese (Aspartate Complex) .....	4.5 mg 225%
Chromium GTF .....	45 mcg 38%
(Organically Bound with GTF activity-Low Allergenicity)	
Molybdenum (Krebs†) .....	23 mcg 31%
Potassium (Aspartate Complex) .....	22 mg <1%
Choline Citrate/Bitartrate .....	34 mg *
Inositol .....	23 mg

Amount Per Serving	%DV
Citrus Bioflavonoid Complex .....	23 mg *
PABA (Para-Aminobenzoic Acid) .....	11 mg *
Vanadium (Krebs†) .....	11 mcg *
Boron (Aspartate/Citrate Complex) .....	0.3 mg *
Trace Elements .....	20 mcg *
(from Sea Vegetation)	
L-Cysteine/N-Acetyl-L-Cysteine .....	45 mg *
Betaine HCl .....	34 mg
<b>Typical (average) Amino Acid Profile</b>	
Glutamic Acid .....	3,565 mg *
Aspartic Acid .....	2,215 mg *
Arginine .....	1,620 mg *
Lysine .....	1,480 mg *
Leucine .....	1,440 mg *
Phenylalanine .....	990 mg *
Serine .....	970 mg *
Valine .....	940 mg *
Alanine .....	850 mg *
Glycine .....	830 mg *
Isoleucine .....	830 mg *
Proline .....	810 mg *
Threonine .....	740 mg *
Tyrosine .....	740 mg *
Histidine .....	500 mg *
Cysteine .....	220 mg *
Methionine .....	200 mg *
Tryptophan .....	180 mg *

\*Daily Value not established.

Other ingredients: Yellow pea protein, fructose, natural vanilla bean flavor, maltodextrin, and BeFlora™ soluble fiber.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Manufactured in the USA by:  
**Douglas Laboratories**  
600 Boyce Road • Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, starch, artificial coloring, preservatives or flavoring.

**Suggested Usage:**  
As a dietary supplement, adults take one to two servings per day, mixed with 8-10 ounces of water or other liquid. Blend well.

**KEEP OUT OF REACH OF CHILDREN.**  
For optimal storage conditions,  
store in a cool, dry place.  
(59°-77°F/15°-25°C)  
(35-65% relative humidity)  
Tamper resistant package, do not  
use if outer seal is missing.



Formula #57054